



COMMUNICATOR

PROBUS CLUB OF GLENROY INC.

Meets at 9:45 am on the second Tuesday of each Month
at the Glenroy Uniting Church Hall, Wheatsheaf Road, Glenroy.

Next Monthly Meeting:- Tuesday 14th. July 2015, 9.45 am

ELECTED COMMITTEE FOR 2015/16

President:- Wal Jarvis

Vice President:- John Vandenberg

Communicator Editor:- John Elletson

Communicator Distributor:- Geoff
Woods

Attendance & Nametags:- Dudley
Twigg

Membership Records:- Dudley Twigg

Speakers:- John Vandenberg

Secretary & Public Officer -
Peter Dimsey Mail to
PO Box 604, Glenroy 3046

Treasurer:- Barry O'Connor

Past President & Welfare Officer:
Les Hooke

Functions Officer:- Peter Pendlebury

Stroll Co-ordinator:- Arthur Jarvis

Bowls Co-ordinator:- Murray Gorham

Catering Officer:- Gordon Scott
Asst. - Joe Milanese

Probus is an association of active retirees who join together in clubs, to provide regular opportunities for them to keep their minds active, expand their interests and to enjoy the fellowship of new friends.

Email: glenroyprobus@gmail.com
Website: www.glenroyprobus.org.au

JULY ACTIVITIES

Tuesday 14th - Monthly Meeting.

Wednesday 15th - Christmas in July - Hotel 520 on Sayers, Tarneit.

Thursday 23rd - Sip N'Chat, Glenroy RSL at 10.30am.

Monday 27th - Stroll - Cherry Lake, Altona.

AUGUST ACTIVITIES

Tuesday 11th - Monthly Meeting.

Wednesday 19th - Coach to Highlands Hotel for Morning Tea & Lunch.

Monday 24th - Stroll -

Thursday 27th - Sip N'Chat, Glenroy RSL at 10.30am.

FUTURE SPEAKERS

JULY - Syd Sherrin - AFL Sporting Equipment.

AUGUST - Australian Hearing.

JUNE SPEAKER

Our June speaker was John Simpson from RACV speaking on: "The Way Ahead: Road Safety for Seniors."

John touched on many topics- Crash Involvement, Safe Driving Tips, Road Rules, Vehicle Safety Features, Pedestrian Safety, Physical Fitness & Driving, and Mobility Alternatives.

Older drivers are:- Very experienced / Courteous/Law-abiding, and take fewer risks.

There have been many changes over time:- New Road Rules; an increased number of cars and road-users; car design changes and improvements; and changes to road systems and speed limits.

The road toll is highest among the 18-29 age group, but next, is the 70+YOs. The reasons for the latter group's rating include the sharp increase in driver fragility with aging and can also include effects of illness and medication.

Another factor could be the ownership of earlier models of cars which do not have the later design and strength and safety features.

Older drivers have difficulty in flexing to avoid blind spots in mirrors, and find problems at roundabouts and in tailgating situations.

John then spoke of Electronic Stability Control and recent improvements, and recommended that, within affordability limits, we should test drive a new car as large (as needed for transporting a pusher?) and safe as possible.

John then showed a video demonstrating airbag actuation and E.S.C. , and spoke of Adaptive Cruise Control.

He spoke of Pedestrian Safety: The "over 50's" are the most at risk, and accidents occur in daylight, near shops and even in dry conditions; they must always be alert and especially "look both ways"!

John then addressed our Ability to Drive: We must consider the effect of medication, with and/or without alcohol; and our vision, including in glare and at night, having regular checks; and even ensuring car windows are clean. We should take into account the changes in our reaction time and maintain a proper gap from the car in front.

John advised us to regularly self-assess our ability to drive, and listen to concerned family and friends, and perhaps be willing to be driven, and plan for future mobility; consider Public Transport, community facilities, a private (family?) driver or taxi. Decide when to give up— Prepare for not driving.

John was thanked for his in-depth, informative, and thought-provoking presentation.

(Doug Birchall)

GENERAL CLUB NEWS

At the June meeting there were 42 members present and 8 apologies.

Ten members indicated they would be lunching at the RSL.

Treasurer, Barry O'Connor, reported that during May there was \$150 received for subscriptions. (Some have still not paid.)

There were Expenses of hall rent \$45, photocopying Communicator \$13.20, Morning Teas \$26.10 and a donation to the May speaker from ACRATH of \$40.

Current available funds are \$1422.35.

The members extend their deepest sympathy to Leigh Hoatson and family on the passing of his wife, Peg. Married 65 years.

COMMITTEE

Committee Meeting was held on Monday 29th June 2015, at the Rotary Centre, Glenroy.

The Committee was concerned at the low attendance at meetings. There maybe some members that need transport to get to our meetings (and lunch afterwards). If you need transport or know a member in this situation let Les Hooke know and we will try and find a member close by who can supply a lift.

The same applies to members who are temporarily ill . We want to keep in touch, so keep us in the loop.

TEA ROSTER

JULY - Kevin White, Jack Williamson & Brian Callingham.

AUGUST - Eddie Ebeyer, Alan Evans & John Eyles.

STROLLERS

JUNE MONDAY 22ND - KISMET CREEK - SUNBURY

In very cold windy weather 14 strollers assembled at Rotary Park Sunbury.

Three found the nearest coffee shop while the rest set off on the well paved uphill track along Kismet creek; all the strollers made it to Spavin Drive dam, (A good effort considering the weather conditions.)

After the usual lunch and chat John Elletson gave a short briefing about the Bendigo extended stroll for 2015.



JULY MONDAY 27TH - CHERRY LAKE - ALTONA

Enter the reserve's parking area off Millers Road - Map 54/ K9.

OUTING REPORT

JUNE WEDNESDAY 17TH - HUFFERS AND PUFFERS & LUNCH

Well it was not what I expected but lunch with the "Huffers n Puffers" hit the spot with most of the members that attended.

Good old fashioned music not to mention the jokes.

A great day had by all.

(Peter Pendlebury)

SIP N' CHAT - GLENROY R.S.L.

This activity is on the 4TH THURSDAY OF EACH MONTH at 10.30am
On 25th May, 8 Members attended the Sip N' Chat at Glenroy RSL.
You are very welcome to come along this month.

FUTURE OUTINGS

JULY WEDNESDAY 15TH - CHRISTMAS IN JULY

Any members not yet listed get in quick.

Coach to "Christmas in July " at Hotel 520 on Sayers, Tarneit.

Cost -\$30 includes Coach, Morning Tea on arrival, 3 course meal and entertainment by June Newman.

Coach Departs Murrell St. 9.15am.

OR

Travel by OWN car - meal cost \$20

Payment this meeting

AUGUST WEDNESDAY 19TH -

The Defence School of Music is no longer presenting performances so this outing has been cancelled. In its place on the same date we have arranged :-

Morning tea & lunch at Highlands Hotel, Craigieburn. Cost \$25.00 travel by coach if more than 30 members attending. Departing from cnr Murrell St. & Cromwell St. at time to be advised. Names this meeting.

(Peter Pendlebury)

3 DAY ALBURY RAIL/COACH TOUR 14TH - 16TH SEPTEMBER, 2015

Travel by XPT to Albury and Coach Tour. Accommodation will be at a central motel, including dinner, bed and breakfast. Coach tours to see Albury City, Tallangatta and Beechworth, you will need to purchase your own lunches each day.

At July meeting supply your signed blue Victorian Pensioner Free Travel Voucher, with pension number, name and address.

Non Pensioners (Seniors) Bring your signed seniors Victorian Off-Peak Travel Voucher with Senior Card number, name & address. Monies for this trip will be collected at the August meeting.

Cost approx. \$260.00 for Pensioners

Seniors to pay extra \$53.05 rail fare.

Single Supplement an extra \$100.00.

JOKE FOR THE MONTH Geoff Milley

A visiting minister was surprised when he went into the pulpit to find just one person in the congregation, an old farmer.

He went to him and said: "Is it worth proceeding?"

"When I take a bucket of food to the hens and only one runs up, I don't send her away hungry?," said the farmer.

Moved by this simple analogy, the minister went back to the pulpit and went through the whole service, including a long and very forceful sermon.

When he had finished he went down to the farmer and asked: "Was that all right?"

The farmer replied: "When I take the bucket to the hens and only one turns up, I don't give her the whole bucket."