



COMMUNICATOR

PROBUS CLUB OF GLENROY INC.

Meets at 9:45 am on the second Tuesday of each Month
at the Uniting Church Hall, Wheatsheaf Road, Glenroy.

Next Monthly Meeting:- Tuesday 8th. November 2011

President:- Peter Dimsey

Vice President:- Alan Whatman

Communicator Editor:- John Elletson

Communicator Distributor:- Geoff
Woods

Attendance & Nametags:- Ray Austin

Membership Records:- Dudley Twigg

Speakers:- Bob Brown

Secretary:- Len Sherwood

Mail to PO Box 604, Glenroy 3046

Treasurer:- Wal Jarvis

Past President:- Dudley Twigg

Functions Officer:- John Darling

Stroll Co-ordinator:- Charles Fyfe

Bowls Co-ordinator:- Les Hooke

Catering Officer:- Eddie Ebeyer

Appointed Officers for 2011-2012:

Auditor:- Jack O'Hara

Public Officer:- Harry Middlemo

Probus is an association of active retirees who join together in clubs, to provide regular opportunities for them to keep their minds active, expand their interests and to enjoy the fellowship of new friends.

Email: glenroyprobus@hotmail.com
Website: www.vicnet.net.au/~gprobus

NOVEMBER ACTIVITIES

Tuesday 8th - Monthly Meeting.

Monday 14th to Thursday 17th - Extended Stroll at Echuca

Tuesday 22nd - CFA Fiskville Coach Tour.

Thursday 24th - Social Bowls Day at Federation Village, Box Forest Road.

Monday 28th - **Committee Meeting at Rotary Centre, Glenroy at 9.30am.**

DECEMBER ACTIVITIES

Monday 5th - Glenroy Probus Clubs' Combined Christmas Luncheon.

Monday 12th - Stroll & Christmas BBQ at Canning Reserve, Avondale Heights.

Monday 13th - Monthly Meeting.

FUTURE SPEAKERS

NOVEMBER - Once again we will be privileged to hear about diabetes from Duncan Forbes' learned daughter, Josephine, from the Baker Institute.

DECEMBER - George Osborne, Manager of the Hume Global Learning Centre. His topic:- "Life of Reilly and Beyond".

OCTOBER SPEAKER



Our speaker for October was pharmacist Frank Barbuto, Manager, UFS Pharmacy Pascoe Vale, his talk was entitled Alternative Medicine - Panacea or Placebo?

Frank is an Accredited Pharmacist and patients are often referred to him by GP's for him to review the mix of prescribed drugs they are taking and how they may interact.

To him it is equally important to review what Complementary Medicines they are also taking. A South Australian study found 52% used Complementary Medicines but 57% of these people did not tell their doctor. In case of accidents it is a good idea to always carry a list of the prescription drugs we are taking and this must also include Complementary Medicines.

The Therapeutic Goods Administration evaluates the quality, safety & efficacy of Prescription drugs (AUSTR).

Complementary Medicines (AUSTL) are not evaluated before marketing but after listing on the Australian Register of Therapeutic Goods are randomly audited.

After an extensive Question Time, Max Smedley thanked Frank and presented him with a Club Pen turned by Doug Birchall.

SOCIAL BOWLS DAY

Thursday 24th November at Federation Village, Box Forest Rd.. Commencing at 10am, there will be morning tea and a BBQ lunch, \$8pp.

More names required, open to bowlers and non-bowlers, come along and enjoy a pleasant day out.

Les Hooke would like to encourage more bowlers to enter for the 28th Annual Probus Open Fours Tournament to be held on

14th March 2012 at Buckley Park.

Entry Fee of \$20 per head to Les at the December meeting.

VALE BILL WOODWARD

It is with deep regret that we mourn the passing of one of our members, Bill Woodward, and we offer our deepest sympathy to his loved ones.

Bill joined the Club on 12th May 1998.

He went to Non Active membership on moving to Vasey House in 2006.

Bill passed away on Wednesday 21 October.

TREASURER'S REPORT & GENERAL CLUB NEWS

At the October meeting Treasurer, Wal Jarvis, reported that during September there was no income and only normal meeting expenses, leaving available funds of \$930. At the October meeting there were 61 members in attendance and 7 apologies. John Darling reported that 40 members had indicated they would be attending the Birthday lunch at the RSL.

TEA ROSTER

NOVEMBER — Roy Wayth, Noel Wenlock, Kevin White & Jack Williamson.

DECEMBER — Reg Wood, Ray Averill, Doug Birchall & Brian Callingham.

CLUB HIGHLIGHTS

At our 23rd Birthday meeting the President, Peter Dimsey, presented Athol Hillier and Dudley Twigg with Certificates of Appreciation for their outstanding service to the Club.

Athol joined the club on 9 July 1991, and in 1992 took over distribution of the "Communicator". For 19 years he carried out this duty continuously until March of this year. He was our President in 2005-06.



Dudley joined the club on 13 April 1993 and in 1995 became Attendance Officer, a position he continued to hold until last year when he became President for the 2010-11 year. In 1995 he also became Records Officer, a duty he continues to render. Our new Life Member, Don O'Meara officially received his certificate and cut the Birthday cake.

OUTINGS

NOVEMBER TUESDAY 22nd—CFA, FISKVILLE COACH TOUR

Coach to Fiskville, South of Ballan, to visit the Training Centre for CFA staff and volunteers. Witness training in action and hear of their training methods.

Then lunch at the Centre before a country drive to return to Glenroy.

Cost \$49.00 payable this (Nov.) meeting.

We would welcome a few more members partners and friends to join us.

Coach departs Wheatsheaf Rd. at 9.00am.

DECEMBER MONDAY 5th GLENROY PROBUS CHRISTMAS LUNCH AT FIRENZE RECEPTIONS

Glenroy Probus Combined Christmas lunch at FIRENZE RECEPTIONS, 134 McBryde St Fawkner, cnr. Major Rd (Melway 18A3).

Cost \$40.00 payable this (Nov.) meeting for a sumptuous 3 course meal including drinks and great company from our 3 Glenroy Probus Clubs.

Partners and friends are most welcome!

MARCH 2012, - 26th to 30th HIGH COUNTRY 5 DAY TOUR

Based in Mansfield we will visit Mt Buller, Jamieson and the King Valley while enjoying magnificent mountain scenery and the height of Autumn colours. Cost approx. \$600.00 ppts for 40+ passengers.

Our coach is almost full!

At this (Nov.) meeting, a \$50.00pp deposit is requested, cash or cheques payable to 'Glenroy Ladies Probus Club Inc'.

An Itinerary will be available.

(John Darling)

STROLLERS

OCTOBER MONDAY 24th - ALTONA COASTAL PARK

Thirty brave strollers gathered at the W G Cresser Reserve, Altona on a wet cold, windy morning to walk along the shore and on to the Altona Coastal Park.

Some peeled off to a coffee outlet and all found their way back to the starting point.

Information packs for our November Extended Stroll were distributed, then all voted to forego the usual lunch and chat in favour of the warmth of home.

A card was signed by all to be sent to Kevin Boyall who is unfortunately again in hospital.

NOVEMBER MONDAY 14th - THURSDAY 17th - EXTENDED STROLL at ECHUCA

DECEMBER MONDAY 12th - CANNING RESERVE, AVONDALE HEIGHTS

Canning Reserve, Avondale Heights. Melways 27 G2.

Annual Sausage Sizzle. Meats & bread supplied, we ask the ladies to please bring salads, cakes etc. (they do it so much better!)

(Charles Fyfe)

SOME PUNS for the MONTH Les Hooke

Those who jump off a bridge in Paris are in Seine.

Dijon vu - The same mustard as before.

Shotgun wedding - A case of wife or death.

A man needs a mistress just to break the monogamy.

Reading while sunbathing makes you well red.

When two egotists meet, it's an I for an I.