



# COMMUNICATOR

## PROBUS CLUB OF GLENROY INC.

Meets at 9:45 am on the second Tuesday of each Month  
at the Glenroy Uniting Church Hall, Wheatsheaf Road, Glenroy.

**Next Monthly Meeting:- Tuesday 10th October**

### ELECTED COMMITTEE FOR 2017/18

President:- John Vandenberg

Vice President:- Ken Pryor

Treasurer:- Barry O'Connor

Communicator

Editor:- John Elletson

Distributor:- Geoff Woods

Attendance & Nametags:- Les Hooke

Membership Records:- Les Hooke

Speakers:- Max Smedley

Secretary & Public Officer -

Peter Dimsey      Mail to

PO Box 604, Glenroy 3046

Past President: Wal Jarvis

Functions Officer:- Vacant

Asst. - Joe Milanese

Stroll Co-ordinator:- Wal Jarvis

Bowls Co-ordinator:- Murray Gorham

Catering Officer:- Gordon Scott

Asst. - Joe Milanese

Welfare Officer: Les Hooke

Probus is an association of active retirees who join together in clubs, to provide regular opportunities for them to keep their minds active, expand their interests and to enjoy the fellowship of new friends.

Email: [glenroyprobus@gmail.com](mailto:glenroyprobus@gmail.com)  
Website: [www.glenroyprobus.org.au](http://www.glenroyprobus.org.au)

## OCTOBER ACTIVITIES

Tuesday 10th - Monthly Meeting.

Monday 23rd - Stroll - Pipe Makers Park & Edgewater - Maribyrnong.

Tuesday 24th - Computers - Function Room Glenroy RSL at 10.30am.

Thursday 26th - Sip N'Chat, Glenroy RSL at 10.30am.

Monday 30th - Committee Meeting at Glenroy Rotary Centre at 9.30am.

## NOVEMBER ACTIVITIES

Tuesday 14th - Monthly Meeting.

Wednesday 15th - Ladies Club Nagambie Outing. Limited seats.

Monday 20th to Thursday 23rd - Extended Stroll - Stawell.

Tuesday 21st - Computers - Function Room, Glenroy RSL at 10.30am.

Thursday 23rd - Sip N'Chat, Glenroy RSL at 10.30am.

## FUTURE SPEAKERS

OCTOBER - Bev Moss - Buckingham Palace in my underwear.

NOVEMBER - John Peck - Harness racing in Victoria.

## SEPTEMBER SPEAKER

Our speaker for September was Dot Campbell, who is a volunteer presenter from Seniors Rights Victoria.

As this was Dot's first public presentation, she was accompanied by Garry Ferguson who added his support, including the set-up and operation of the computer and projector.

Dot's topic was 'What is Elder Abuse, and what to do about it'. "Elder abuse" is defined as any act which causes harm to an older person and is caused by someone they know and trust, such as family or friends.

Dot explained that types of abuse include financial, psychological or emotional, sexual, physical, neglect or social. She showed a DVD to illustrate the point, entitled "As life goes on, love and money".

A discussion followed, including 'Why don't people talk about abuse?' (fear, punishment, family loyalty, rejection, etc.). Dot emphasized if abuse is happening don't blame yourself, and do talk to someone.

Preventative measures include community education, planning for the future, remain active, stay independent, and be and feel safe and confident. Talk about issues of concern early and stay connected, direct debit bills, keep your will up to date, know your rights.

Seniors Rights Victoria receives support from the Victorian Government, Victorian Legal Aid and the Commonwealth Attorney-General's Department. They operate a Help Line on telephone 1300 368821, where people over sixty can receive free advice from experienced advocates and lawyers. Seniors Rights Victoria can refer persons to specialized Legal Services, including Elder Rights Advocacy.

The 2016 census indicated that 21% of Victorians are aged 65 years or more. Several publications were provided on the topic for members to take, including "Care for your assets: Money, Ageing and Family".

Additional information can be obtained from the website [www.seniorsrights.org.au](http://www.seniorsrights.org.au). A number of questions from the members were handled by Dot and Garry.

Max Smedley thanked Dot for a very informative presentation, also Garry for his input. He then presented Dot with a gift of a handcrafted pen.



## GENERAL CLUB NEWS

At the September meeting there were 38 members present, 10 apologies and one visitor, Kevin Large.

Five members indicated they would be lunching at the RSL.

Treasurer, Barry O'Connor reported that during August there was income of \$50 annual fee and \$10 joining fee plus \$86 for door prizes. Expenses were \$45 rent and \$12.90 photo copying the "Communicator". Morning Teas \$26.40 and \$36.30 purchase name badges. Current available funds are \$1,956.60.

It was great to welcome the three new members that Vice-President, Ken Pryor, inducted during the September meeting.

Please update your member lists:- Tony Bajoras, 1/67 Chapman Avenue, GLENROY 3046. Phone 9306 8595 Geoff Freeman, 4 Pebble Beach Court, SUNBURY 3429. Phone 0419 884 368 Nancy Mooney, 97 East Street, HADFIELD 3046, Phone 9359 6101.

It is intended to circulate new Member Lists after the October Committee Meeting.

Committee members are reminded of the Committee Meeting at the Glenroy Rotary Centre on October 30th at 9.30am.

## OCTOBER BIRTHDAYS

Lyn Elletson, Cath Forbes, Pat Higgins, Pru Plueckhahn, Marj Twigg & Mary Wood ... John Elletson, Charles Fyfe, Don Parfett & Special Birthday Gordon Scott (85). Our Club's Birthday, 29 years.

To celebrate our Club's 29th Birthday all members and partners are encouraged come to lunch at the Glenroy RSL after the October meeting. To assist the RSL to set up tables, register your intention of attending on the Booking List so we can telephone the numbers to the RSL after Morning Tea.

## TEA ROSTER

OCTOBER - Charles Fyfe, Cath and Duncan Forbes.

NOVEMBER - Jacob George, Merva and Murray Gorham.

If you cannot attend on your rostered day swap with a mate or contact Catering Officer, Gordon Scott

## ACTIVITIES

OCTOBER TUESDAY 24TH - COMPUTERS - GLENROY R.S.L.'s FUNCTION ROOM 10:30am. Come along this month with your problems and ideas, nine members did in September and enjoyed the information exchanges.

OCTOBER THURSDAY 26TH - SIP N' CHAT - GLENROY R.S.L. In September, 8 members met and enjoyed the chat at this event. Any members wishing to join us in October the time is 10.30am. Lady members or partners would be most welcome, there may even be a free coffee to welcome you!

## OUTINGS

### NOVEMBER WEDNESDAY 15TH - NAGAMBIE, CRUISE & LUNCH

The Ladies Club is having a coach trip to Nagambie and we are invited to make up numbers if seats are available. Coach to Nagambie and a 2 hour Goulburn River Cruise with a visit to Chateau Tahbilk Winery.

Outing includes a snack lunch. Register your names on the list at our October meeting please. Seating availability will be decided at the Ladies Committee Meeting 25th October so come prepared to pay the cost of \$65.00pp to Peter Dimsey at our November meeting.

**MOVIE LOVERS** Want a good afternoon out? Charles Fyfe informs us there are free screenings of 'Golden Oldie' Movies at the Pascoe Vale South Uniting Church Hall, corner Cumberland Rd & Westgate St on the 2 nd Wednesday of each month from 1:30 pm. October 'The Pyjama Game', November 'Here comes Mr Jordan', December 'It's a Wonderful Life'. For further information call Jean on 9354 6689.

## STROLLERS

### SEPTEMBER MONDAY 25TH - MOONEE PONDS CREEK, WESTMEADOWS

On an overcast morning 22 strollers set off for a enjoyable walk along the Moonee Ponds Creek. The long strollers made it to the Woodlands Homestead boundary.

All attended the Westmeadows Tavern for a tasty lunch.

**OCTOBER MONDAY 23RD - PIPE MAKERS PARK & EDGEWATER** To enter the park turn sharp left off Van Ness Ave. at the round-about. Map reference- 28 B9/10.

Do not take the Museum Road but continue right to the upper car park nearer the river. Please bring picnic lunch and chairs, etc.. Shelter and toilet is available.

**OCTOBER Monday 20th to Thursday 23rd - Extended Stroll - Stawell.** Reminder that that your Booking Form for the Stawell Extended Stroll was required at the September Stroll.

If you have not yet done so, please bring it along to the October Meeting, we need to know numbers.

Reminder that cash payments of \$55pp for a Deposit to Magdala Lodge and a further \$55pp to cover Lunches, the Happy Hours and Entrance Fees are both required at the October stroll. Most have already done this, thank you.

